

Easy does it for the girls

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Winsford Ladies returned to winning ways at the weekend.

Tony Lee's team proved too strong for the North West Women's Regional League Division One South's bottom club Glossop North End.

Ashleigh Kerr, Sarah Lee and Kathryn Hulme were on target in a 3 - 0 win at Barton Stadium.

"In truth it was a poor match," admitted Lee.

"They seemed intent on damage limitation and failed to trouble our keeper at all."

Kerr broke through seven minutes into the second half, and after that the blues did not look back.

Vicky Jones crossed from the byline for Lee to score from close range, then she provided the host's third goal when Hulme headed home.

They will turn their attention to the cup this weekend, hosting Manchester Stingers in a preliminary round clash at Barton Stadium.

Kick off is 2pm.